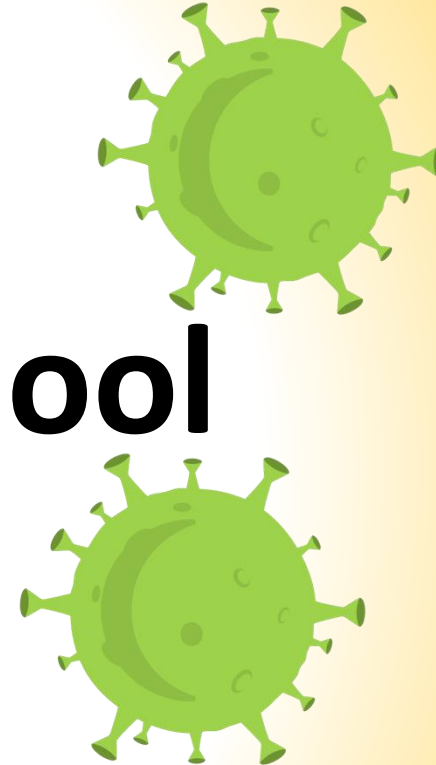
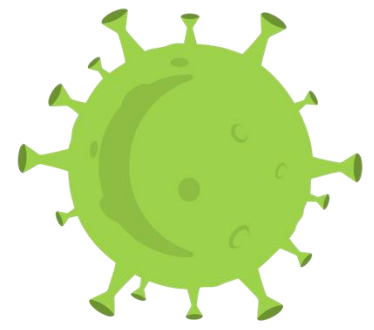


# Returning to School

A COVID 19 Social Story

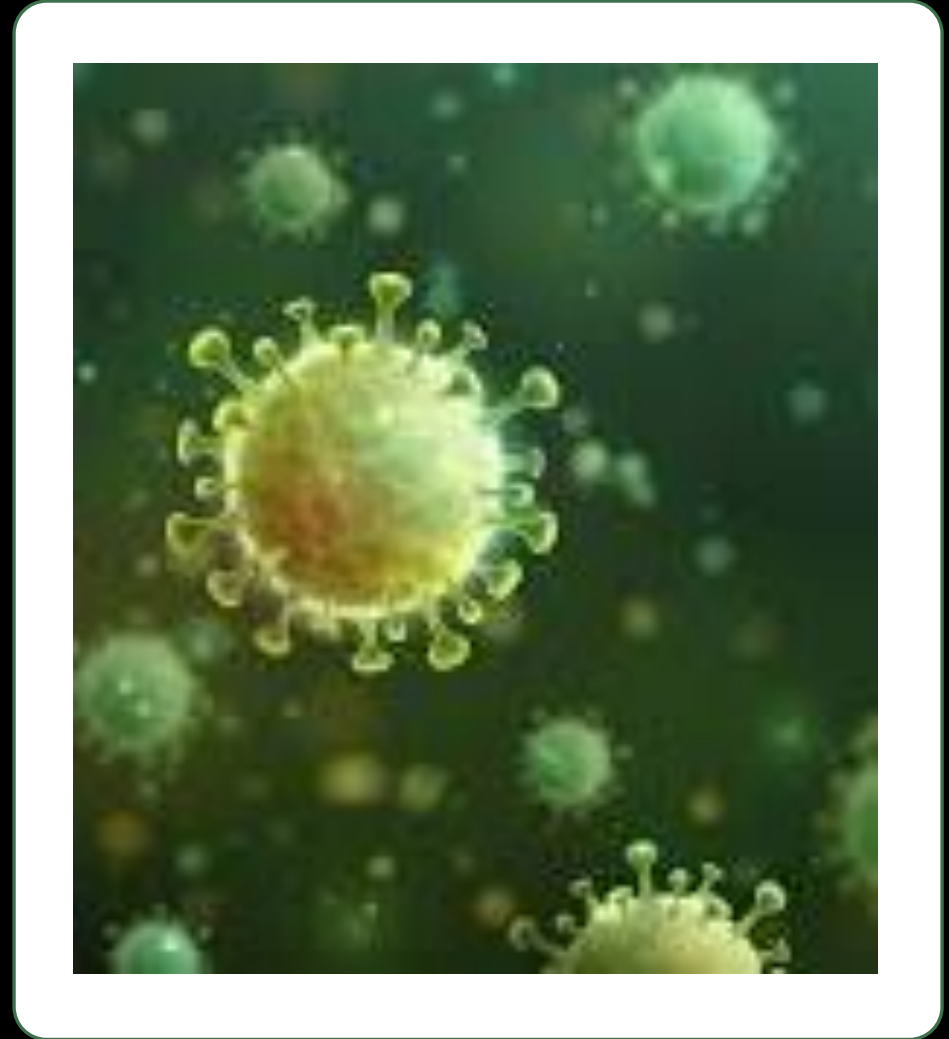




I have been away from school  
for a long time.

I have completed some work  
from home, I have played, I have  
stayed safe.

Everyone is very proud of me.



There are a few new rules in place for when we return to school.

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These new rules will keep everyone safe.

I am sure you know some of these rules already.

These rules won't last forever.



# The Rules

When I cough or sneeze, I must use my elbow or a tissue, afterwards I must wash my hands with soap and water.

I must wash our hands with soap and water;

- after going to the toilet.
- after we have been outside.
- before and after eating food.

Using Hand Sanitizer is a good idea!

Everyone will be proud of me, when I follow these rules.

If anyone feels unwell, they must stay home.



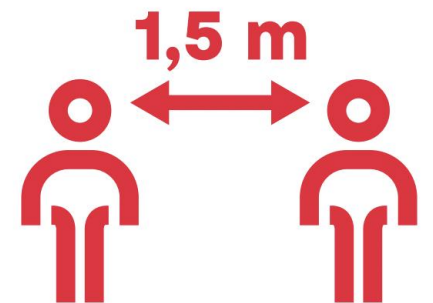
# Social Distancing

Right now, we must try not to touch our friends or our teachers.

We might not be able to see other friends in their classes.

We might have to play differently in the playground.

Your teachers will explain all the new rules. This is OK.



# One Day Soon at School ....



- we will be able to give our friends high fives.
- we will be able to hold hands.
- we will be able to cuddle our favorite people.

But right now you can choose your favorite greeting!!

# School is a safe place to be...

Going back to school after a long break can make people feel some strong emotions.

You might be feeling one of these emotions.

It's good to tell an adult how you are feeling.

There are ways to stay in control of your feelings.

For example you can;

- take deep breaths,
- hum or sing your favorite song,
- think positive thoughts,
- imagine the fun you are going to have when you get home.

We are all very proud of you and we are all in this together.



YOU'LL BE OKAY

Good Luck!

Stay Safe!

Have fun!